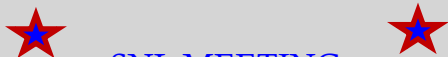


## TOPICS

- \* EXTRA MILE AWARD
- \* SNL MEETING
- \* ACCOMMODATION LETTERS
- \* VIRTUAL SUPPORT
- \* LIME FELLOWSHIP PROGRAM
- \* GETTING FOCUSED FROM CEO



### SNL MEETING

2/28/2017 5PM ALEC 217

Congratulations to the many DASS students who made one of the three Honor Rolls this fall!

“TELL ME AND I FORGET.  
TEACH ME AND I REMEMBER.  
INVOLVE ME AND I LEARN.”

*Benjamin Franklin*

### VIRTUAL SUPPORT

Want access to a virtual support group just for college students with ADHD? Join ADDA (Attention Deficit Disorder Association) and you can join their virtual peer support group for weekly moderated phone group calls.

<https://add.org/college-peer-support-group/>

ADDA also offers relevant webinars just for adults with ADHD and is a great organization to connect with. Checkout \$20/yr student memberships.



## NOMINATE A PROFESSOR YOUR VOTE COUNTS!



Every year, the **Extra Mile Award** is given to 2-3 faculty members, acknowledging their sensitivity and care for their students with learning differences. If you've had a good experience with an instructor and would like to nominate them, please send their name and a sentence or two about why they are deserving of this award to [dtylicki@smu.edu](mailto:dtylicki@smu.edu) by **3/30/17** Past winners include :

Victoria Lockwood (ANTH)  
Tony Pederson (JOUR)

Joci Caldwell-Ryan (Dedman)  
Steve Robertson (STAT)



### Letters of Accommodation (LOA)-What are you waiting for?

Even though many of you have requested your LOA's, many have still not been picked up from the DASS office. We are hearing from numerous professors that students are coming to them at the last minute, expecting accommodations. This is NOT advised and creates stress for everyone. Your job is to order your LOA's online, pick them up, and deliver during office hours. In that meeting, you can request what you need as well as finalize the plans for executing those accommodations. Give your professors at least a week's notice before an upcoming exam. **Missing any of these steps may mean you do not receive your accommodations for the upcoming exam and there are no retroactive accommodations! Do your part so everyone else can do theirs.**

The **Lime Network** has announced the deadline for their highly competitive 2017 Fellowship Program. This program is an all-expense paid Leadership and Development Symposium in NYC this summer. You must be a college sophomore with a disability to apply. Deadline is 4/2/17.

<http://www.limeconnect.com/opportunities/page/the-lime-connect-fellowship-program>

### 3 Quick Tips For Getting Focused From A CEO With ADHD

“Distractible. Energetic. Impulsive. These are some of the words often used to describe me. They're also common descriptors for well-known execs like Richard Branson, David Neeleman of Jet Blue Airways, and Ikea's Ingvar Kamprad.”

“That's because we all have ADHD.” Read more from Brian Scudamore, entrepreneur, founder of 1-800-Got Junk?.

[http://www.huffingtonpost.ca/brian-scudamore/getting-focused-tips\\_b\\_10266556.html](http://www.huffingtonpost.ca/brian-scudamore/getting-focused-tips_b_10266556.html)

STAY FOCUSED

