



## TOPICS

- ⇒ Spring LOA
- ⇒ SNL Spring Meeting 2/6
- ⇒ Academic Coaching
- ⇒ Free Network/Career Conference
- ⇒ Flu shot
- ⇒ Does Your Advisor Know ?
- ⇒ Managing Your Time

## GO MUSTANGS !!

### SNL MEETING

Students for New Learning  
ADD, Dyslexia,  
or other Learning Disability ??

Get supported, Educated, Involved

2/6 @ 5 PM

Rm 217 LEC



FOOD PROVIDED

## **Time to order your Accommodation Letters for spring semester!** **Welcome or welcome back to SMU!**



Here's a gentle reminder to request your accommodation letters if you haven't done so yet. Complete the on-line form at <http://smu.edu/alec/RequestForLettersForm.asp>, wait 2-3 days, and pick them up from Candy in 202M 8:30-12 or 1-4:30.

Ideally, deliver letters to faculty within the first two weeks of school during office hours and discuss with them how the accommodations will be implemented. Don't forget to discuss how finals will be handled at that time, as well! In order to request letters each semester, you do NOT need to book another intake appointment.

## ACADEMIC COACHING



DASS offers free, one-on-one academic coaching for undergraduate students with LD/ADHD. During coaching meetings with a DASS staff member, you will build valuable skills in **time management, organization, and studying**. If you are interested in scheduling a coaching appointment, email Learning Specialist, David Tylicki at [dtylicki@smu.edu](mailto:dtylicki@smu.edu).

**FREE** Networking/Career conference for students with disabilities in FW, TX April 11-12th! For more information about COSD, please go to <http://www.cosdonline.org/full-access>

## #1 for College Success



## MANAGING YOUR TIME!

What's the #1 predictor of a college student's success? Studies show that a college student's success is determined mostly by how well the student manages her or his time.

If you need help managing your time attend an **ALEC Time Management Workshop offered in January and February**.

During the first week of class, visit the ALEC and pick up the **spring Semester at a Glance** Calendar. Using your course syllabi, fill in all of your exams, major assignments, and papers. Post the **Semester at a Glance** where you'll see it every day. This simple calendar allows you to see your times of high demand for the whole semester, right from the very start.

## GET YOUR FLU SHOT



If you have not done so....

Flu shots will be available 8:30 a.m. -5 p.m. Monday-Friday at the Health Center when regular hours begin on **Monday, Jan. 13**.

The University offers free flu shots for all SMU students.

Before you go to the Health Center:

- \* Complete the 2013-14 Flu Vaccine Form and bring it with you.
- \* Review the Health Center's Health Information Privacy Policy (HIPAA).
- \* Bring your SMU ID or ID number to the clinic
- \* Wear short sleeves, if possible

## DOES YOUR ADVISOR KNOW ABOUT YOUR DISABILITY?



Your Advisor benefits from knowing about your disability so he or she can make good

suggestions on course selection, scheduling of classes, balance of courses, etc.

Please consider having a short conversation with your advisor, and feel free to ask DASS for a copy of your letter of accommodation to share.