

## Parent Education Programs – Review Articles

Author/Year	Title	Summary
Barlow, Coren, & Stewart-Brown (2002)	Meta-analysis of the effectiveness of parenting programmes in improving maternal psychosocial health	A meta-analysis of 23 evaluations of group-based parenting programs. Short-term improvements were found as a consequence of the intervention on such areas as depression, anxiety/stress, self-esteem, and relationship with partner but not social support. Some longer term effectiveness was also found.
Johnson, Stone, Lou, Ling, Claassen, & Austin (2008)	Assessing parent education programs for families involved with child welfare services: Evidence and implications	A summary of 58 parenting programs for families at-risk of child maltreatment. Examines the program evaluations with regard to methodological rigor as well as theory.
Kaminski, Valle, Filene, & Boyle (2008)	A meta-analytic review of components associated with parent training program effectiveness	A meta-analysis of 77 evaluations of parent training programs to enhance behavior and adjustment in children 7 or younger. Effective components involved increasing positive parent-child interactions and emotional communication skills, teaching parents to use time out and the importance of parenting consistency, and requiring parents to practice new skills with their children during parent training sessions.
Kane, Wood, & Barlow (2007)	Parenting programmes: A systematic review and synthesis of qualitative research	An examination of the components of parent education programs that parents perceived to be most effective.
Kazdin & Weisz, (1998)	Identifying and developing empirically supported child and adolescent treatments	Reviews treatment options for a variety of child and youth problems.
Klevens & Whitaker (2007)	Primary prevention of child physical abuse and neglect: Gaps and promising directions	A review of literature that covered 188 interventions. Few programs were able to demonstrate an impact on reducing the risk or occurrence of child maltreatment.
Lundahl, Nimer, & Parsons (2006)	Preventing child abuse: A meta-analysis of parent training	A meta-analysis of 23 studies evaluated the ability of parent training programs to reduce risk of child abuse. More effective programs had home

	programs	visitors, conducted training in both the home and office setting, and included a behavioral component.
MacLeod & Nelson (2000)	Programs for the promotion of family wellness and the prevention of child maltreatment: A meta-analytic review	A meta-analysis of 56 programs designed to promote family wellness and prevent child maltreatment. Programs with high levels of participant involvement, intensive interventions, and an empowerment/ strength-based approach were most successful.
Nixon (2002)	Treatment of behavior problems in preschoolers: A review of parent training programs	A review of parent training intervention programs for preschoolers with behavior problems. It was determined that many studies have methodological limitations.
Olds, Sadler, & Kitzman (2007)	Programs for parents of infants and toddlers: Recent evidence from randomized trials	A review and discussion of how programs can be improved.
Sweet & Appelbaum (2004)	Is home visiting an effective strategy? A meta-analytic review of home visiting programs for families with young children	An evaluation of 60 home visiting programs. No single program characteristic consistently affected the effectiveness of the programs.
Thompson, Pomeroy, & Gober (2005)	Family-based treatment models targeting substance use and high-risk behaviors among adolescents: A review	A review of family-based intervention models that have been shown to effectively prevent and treat adolescent substance abuse.

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