

About 50 Parent Education Programs

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Program	Focus	Reference
“Don’t Shake the Baby” Project	Prevention of shaken baby syndrome	Showers, 1992
Active Parenting Now	Parents of children aged 2-12 yrs.	Fashimpar, 2000
Defiant Children (Barkley)	Parents of noncompliant children, ages 2-11	Newby et al., 1991
Brief Strategic Family Therapy	Prevention/treatment of adolescent behavior problems	Santisteban et al., 1997
Celebrating Families!	Parents recovering from substance addiction and at a high risk for abuse	Lutra Group, 2006
Chicago Parent Program	A preventive parent program	Gross et al., 2007
Child-problem focused intervention	Parents of children with everyday problems (sleeping, feeding)	Ostberg et al., 2005
Children in the Middle	Divorcing families	Arbuthnot & Gordon, 1996
DARE to be You Program	High-risk families with children aged 2-5 yrs.	Miller-Heyl et al., 1998
Family Connections	Prevention of child neglect	DePanfilis & Dubowitz, 2005
Fast Track Program	Parents of children at risk for conduct disorders	Foster et al., 2003
Helping the Noncompliant Child (Forehand)	Parents of noncompliant children, aged 3-8 yrs.	Newby et al., 1991; Wierson & Forehand, 1994
Foster Parent College	Parents of foster children	www.fosterparentcollege.com
Home Instruction for Parents of Preschool Youngsters (HIPPY)	Parents of preschoolers	Westheimer, 2003
Home visiting early intervention program	Families with child abuse or neglect risk factors	Fraser et al., 2000
Incredible Years (Webster-Stratton)	Parents of conduct problem children, aged 2-12 yrs.	Reid et al., 2007, Webster-Stratton, 2007
Infant Net	Parents of infants	Feil et al., 2008
Keep Kids First	Divorcing parents	www.KeepKidsFirst.com
Kids in Divorce and Separation (K.I.D.S)	Divorcing or divorced parents	Shifflett & Cummings 1999
Mindful Parenting Program	Divorced parents	Altmaier & Maloney, 2007
Mindfulness parent training	Parents of children with autism, developmental disabilities, beh. problems	Singh et al., 2007
Mother-Child Home Program (MCHP)	Low-income families at risk for educational disadvantage	McCartney & Howley, 1991

Mother-Child Program & Mother Program	Divorced mothers	Wolchik et al., 2000
New Beginnings	To help divorced mothers	Wolchik et al., 2007
Nurturing Parenting Program (Bavolek)	To prevent child maltreatment	www.nurturingparent.com
Online Parent Class	All parents	www.ajnovickgroup.com/resources/online-parent-class.aspx
Parent Aide Program	Child abuse and neglect prevention	Harder, 2005
Parent-Child Interaction Therapy (Eyberg)	For child disruptive behavior & physically abusive parents	Herschell & McNeil, 2007
Parent education program for changing marital conflict	Prevention of negative effects of marital conflict	Faircloth & Cummings, 2008
Parent to Parent: A Family Training Program on ADHD	Parents of children with ADHD	www.chadd.org/Content/CHADD/Conferences_Training/ParenttoParentProgram/default.htm
Parenting Through Change	Newly single mothers	Forgatch & DeGarmo, 1999
Parenting Wisely	Parents of children aged 3-18 yrs.	Kacir & Gordon, 1999
Parenting with Love and Limits	Families of children ages 10-18 with severe emotional and behavioral problems and common co-occurring problems	Smith et al., 2006
Parents Anonymous	To reduce the risk of child maltreatment	www.parentsanonymous.org
Parents as Partners for Adolescence Behavior Change	Intervention for substance-abusing adolescents and delinquent behaviors	Branstetter et al., 2007
Parents as Teachers	Education and support program for families from pregnancy until age 5.	www.parentsasteachers.org
Parents Matter! Program	HIV prevention among African-American youth	Forehand et al., 2004; Secret et al., 2004; Long et al., 2004
Parents Under Pressure (PuP) Program	Multi-problem, high-risk families	www.pupprogram.net.au ; Dawe & Harnett, 2007; Frye & Dawe, 2008
Parent Training (Oregon Social Learning Center)	Parents of children with behavior problems	Newby et al., 1991
Planned Activities Training	Parents of children with oppositional behavior, mild-to-moderate disabilities, &/or abused or neglected children	Bigelow et al., 2008
Playing and Learning Strategies program (PALS)	Parents of infants	Feil et al., 2008
Practical Parent Education	All parents	www.practicalparent.org
Project SafeCare	Prevention of child abuse and neglect	Taban & Lutzker, 2001
SAFE Children	Families of 1 st grade children living	Gorman-Smith et al., 2002

	in inner-city neighborhoods	
StandUp Parenting	All parents	www.standupp.org
STAR Parenting Program	All parents of children aged 1 to 5-yrs.	Fox & Hennick, 1996
STAR Parenting Program	Parents of children aged 1-5 yrs.	Nicholson et al., 1998
Strengthening Families Program	Families with children 6-12 yrs.	Kumpfer et al., 2007
Temperament-focused parent program	Parents of young children	Sheeber & Johnson, 1994
Triple P Positive Parenting Program	All parents of children aged 0-12 yrs., extensions to families with teens aged 13-16 yrs.	Prinz & Sanders, 2007; Sanders, 2007
Yale Child Welfare Research Program's intervention program	Parents from low-income families	McCartney & Howley, 1991

For more information, see:

CDC (2009). *Parent Training Programs: Insight for Practitioners*. Atlanta (GA): Centers for Disease Control. Available online: www.cdc.gov

Child Welfare Information Gateway (2008). *Parent Education*. U.S. Dept. of Health & Human Services, ACF,ACYF, Children's Bureau. Available on line: www.childwelfare.gov

Colosi, L., & Dunifon, R. (2003). *Effective Parent Education Programs*. Cornell Cooperative Extension. Available online: www.parenting.cit.cornell.edu

Child Welfare League of America (2005). *Parenting*. Moving from Research to Practice. Available online: www.cwla.org

Strengthening America's Families (<http://www.strengtheningfamilies.org/>). (Includes ratings of programs.)