

CONTINUING EDUCATION WORKSHOP FACULTY

Hal Barkley, Ph.D., LPC, LMFT is director of the Graduate Counseling Program at SMU and has extensive school counseling and private practice experience. He is a clinical member of the American Association of Marriage and Family Therapists and is a certified sex therapist.

Teresa Irene Castleman, M.A., LPC, IAAP is a Jungian analyst in private practice and a training analyst for the Jung Institute of Dallas and the C. G. Jung Institute of Zurich, of which she is also a board member.

Sarah Feurbacher, Ph.D., LCSW is the clinical director at Collin Intervention to Youth-CITY House in Plano and she serves on the faculty of Psychology in Behavioral and Brain Sciences at the University of Texas at Dallas.

Thomas L. Hartsell, Jr., J.D. is an attorney/mediator and serves on the faculty of the SMU Counseling and Conflict Resolution Programs. Mr. Hartsell is also co-author of several books including *The Portable Lawyer for Mental Health Professionals*.

Linda L. McCarley, LMSW, ATR-BC, RPT-S, is a founder/director of the Art Therapy Institute, past president of the North Texas Art Therapy Association and serves on the Educational Program Approval Board of the American Art Therapy Association.

Beau A. Nelson, M.A., LCSW, is President of Behavioral Health Consulting Solutions and has worked for private behavioral health businesses as a clinician and in marketing and business development. Mr. Nelson has a private practice specializing in Cognitive-Behavioral Therapy in North Dallas.

Kim Rockwell-Evans, Ph.D., LPC, LMFT has 25 years of experience as a psychotherapist for children, adolescents, adults, and groups. She currently has a private practice specializing in the treatment of anxiety disorders.

Misty Solt, Ph.D., LPC-S, RPT-S, NCC is clinic director of the Center for Family Counseling at SMU. Dr. Solt serves on the faculty of the Departments of Counseling at SMU and the University of North Texas.

Nishendu Vasavada, M.D. is a licensed psychiatrist in private practice and serves on the faculty of the SMU Graduate Counseling Program.



SMU | CONTINUING AND
PROFESSIONAL EDUCATION

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CONTINUING EDUCATION WORKSHOPS
FOR MENTAL HEALTH PROFESSIONALS



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fall 2009

CONTINUING EDUCATION WORKSHOPS

Art Therapy/Treatment of Trauma | Linda McCarley, LCSW, ATR-BC **\$100**
September 18, 2009, 9 a.m.–4 p.m. **CEUs 6.0**

Clients who have experienced traumatic events such as disaster, torture, abuse, neglect or the witnessing of a horrific event may suffer the long-term effects of Post Traumatic Stress Disorder (PTSD). The art therapy interventions that will be presented in this seminar are designed to alleviate the symptoms of PTSD such as intrusive recollections, disturbing thoughts, sleep problems, difficulty with concentration, and problems with dissociation. In addition to learning how to provide art therapy interventions to treat clients with PTSD participants will also learn art techniques to address secondary PTSD in the therapist.

The Addicted Brain: Contemporary Issues Treatment of Drug and Alcohol Addiction | Nishendu Vasavada, M.D. **\$100**
September 25, 2009, 9 a.m.–4 p.m. **CEUs 6.0**

Drugs and alcohol abuse are major problems facing our society. Early recognition is critical to successful treatment. Many studies have shown that an addict's brain functions differently from a non addict's once the addictive behavior has set in. Participants will learn about screening techniques for early recognition of substance abuse, the dopamine theory of addiction and the role of reward pathways in development of addiction and various psychosocial, medical and adjunctive treatments of various chemical abuse and dependence disorders.

Ethical Reporting | Thomas L. Hartsell, Jr., J.D. **\$100**
September 25, 2009, 9 a.m.–4 p.m. **CEUs 6.0**

This workshop presents a review of the myriad legal and ethical disclosure requirements mental health professionals must comply with in providing mental health services to clients.

Strengthening Families: Stopping Cycle of Abuse | Sarah Feuerbacher, Ph.D., LCSW-S **\$50**
October 2, 2009, 9 a.m.–12 p.m. **CEUs 3.0**

More than one-third of our nation's children have witnessed at least one, if not repeated, episodes of violence between their parents. This presentation will discuss this trend, its effects and appropriate intervention methods which can stop the cycle of abuse. Through case studies and interactive discussion, participants will examine the lack of literature in this area of research, learn current and relevant family abuse statistics, and determine the physical, mental, and emotional impact direct and indirect abuse has on children throughout their lifespan.

Abuse and the Workplace | Sarah Feuerbacher, Ph.D., LCSW-S **\$50**
October 2, 2009, 1–4 p.m. **CEUs 3.0**

Have you covered for a coworker unable to complete a report on time? Or noticed a colleague regularly arriving late, being absent, or acting nervously? Have you suspected that this individual is experiencing abuse in the workplace? In this interactive session, participants will learn to identify and understand the influence of stress and abuse on workplace productivity, the effects on the victim and coworkers, how to deal with perpetrators, and how to create an organizational policy for abuse and the workplace.

Treatment of Obsessive-Compulsive Disorder | Dr. Kim Rockwell Evans, LPC, LMFT **\$100**
October 9, 2009, 9 a.m.–4 p.m. **CEUs 6.0**

This workshop will provide an overview of evidence-based treatment techniques for OCD. OCD is a heterogeneous disorder and symptoms can be difficult to distinguish from other disorders. This poses a challenge for clinicians in successfully assessing and treating OCD. Cognitive-Behavioral Therapy (CBT) and Exposure and Response Prevention (ERP) strategies will be reviewed. Common challenges to treatment will be addressed along with interventions to overcome them.

Working with Adolescents in Counseling | Dr. Misty Solt, LPC-S, RPT-S **\$50**
October 16, 2009, 9 a.m.–12 p.m. **CEUs 3.0**

With a solid developmental understanding of adolescents, clear boundary setting, and forethought into potential difficult moments, working with adolescents in counseling can be less challenging and even rewarding! Participants will learn various developmental issues unique to the adolescent spectrum and how to recognize and handle difficult and intense adolescent behaviors ethically and legally.

Sexual Counseling/Therapy | Dr. Hal Barkley, LPC, LMFT **\$50**
October 23, 2009, 6–9 p.m. **CEUs 3.0**

Designed for practicing counselors, this workshop provides an understanding of practical approaches used to address sexual problems and disorders that often arise in a therapeutic setting. This workshop focuses on sexual experiences as a part of life experiences, and encourages the development of the skills necessary to strengthen positive relational functioning in situations where sexuality is an issue.

Marketing and Management Skills for Mental Health | Beau Nelson, MA, LCSW **\$120**
November 7–8, 2009, 9 a.m.–1 p.m. **CEUs 6.0**

This two-day workshop is designed to aid in the transition to private practice for graduate students and graduate-level practitioners of psychology and counseling. Focusing on management issues, day one includes practice options, forms, risk management, insurance and billing options, contracting, communicating with third party payors, cash handling, accounting safeguards, ethical considerations and file management and documentation. Day two focuses on marketing skills and strategies, including the development of a marketing plan, honing your target audience and treatment specialty, networking via personal contacts and relational marketing and vital discussions about payment options.

Dreams in Therapeutic Practice | Teresa Castleman, MA, LPC, IAAP **\$50**
November 20, 2009, 9 a.m.–12 p.m. **CEUs 3.0**

What are dreams, and why do we have them? Are they really therapeutic? Should counselors ignore them, interpret them or just hope they go away? In this class we will discuss these issues and many others that will serve as an introduction for mental health workers to understand dreams. Attendees will be introduced to dream material as a therapeutic resource and learn some rudimentary dos and don'ts in integrating dream material into a counseling session.

How to Communicate Effectively with Caregivers of Minors | Dr. Misty Solt, LPC-S, RPT-S | Dr. Hal Barkley, LPC, LMFT **\$50**
December 4, 2009, 9 a.m.–12 p.m. **CEUs 3.0**

Providing useful feedback to caregivers without breaching a minor client's confidentiality and sorting age-appropriate developmental behaviors from behaviors that possibly indicate concern are top issues for therapists working with minors. Effective parent/caregiver-consultations not only help the caregiver feel connected and invested in the therapeutic process but help the therapist in the conceptualization of the therapeutic process with minor clients. Participants will learn how to employ ten strategies in building a strong relationship with parents/caregivers, establish goals for caregiver consultations, discussing the developmental issues that impact minor clients and how this could affect the caregiver consultation, give useful feedback to caregivers without violating the confidentiality of a minor and identify ten mistakes to avoid in conducting caregiver consultations.

Play Therapy: A Way to Counsel Children Using Their Language | Dr. Misty Solt, LPC-S, RPT-S **\$50**
December 11, 2009, 9 a.m.–12 p.m. **CEUs 3.0**

Research supports the use of play therapy with children as an effective and developmentally appropriate therapeutic approach. Participants will learn the importance of play for young children, receive an overview of the supportive research demonstrating the effectiveness of play therapy and develop a basic understanding of the attitudes, skills, and items needed to facilitate the play therapy process across settings, and how to involve caretakers in the play therapy process.

WHO SHOULD ATTEND?

Social Workers (LBSWs, LMSWs, LCSWs and LMSW-APs)
Licensed Professional Counselors (LPCs)
Licensed Marriage and Family Therapists (LMFTs)
Other Mental Health Professionals
School Counselors

SMU IS A REGISTERED CE PROVIDER FOR:

Texas State Board of Examiners of Professional Counselors
Texas State Board of Examiners of Marriage and Family Therapists
Texas State Board of Social Worker Examiners

LOCATION

All workshops are offered at the SMU-in-Plano campus located in Legacy Park on Tennyson Parkway between Preston Road and the Dallas North Tollway. Workshops are located in Building 3. For a map, visit smuplano.com.

REGISTRATION

Web smu.edu/counselingCE

Phone 214-SMU-CAPE (768-2273); MC/Visa/Discover/Diners Club accepted

Fax 214-768-1017; Fax printable registration form found at smu.edu/counselingCE.

Mail PO Box 275, Dallas, 75275-0275

