

Student Name: \_\_\_\_\_ Program Start Semester/Year: \_\_\_\_\_

## SMU MASTER OF SCIENCE IN COUNSELING PROGRAM MARRIAGE, COUPLE, & FAMILY COUNSELING SPECIALTY

**(63 Credit Hours; Core Courses Fulfill Texas LPC Academic Requirements)**

The Marriage, Couple, and Family Counseling Specialty fulfills the academic requirements for licensure as a Licensed Professional Counselor (LPC) as well as Licensed Marriage and Family Therapist (LMFT) licensure in the state of Texas. Counselors who choose this Specialty are qualified to work with individuals, couples, and families from a systemic orientation.

<b>PRE-CLINICAL CORE REQUIREMENTS</b> Required before entry into Practicum	<b>CREDIT HOURS</b>
HDCN 6320: Life Span Human Development: Individual and Family (take in first semester of enrollment)	3
HDCN 6302: Basic Clinical Methods for Individuals, Couples, and Families (take in first semester of enrollment)	3
HDCN 6301: Counseling Theories: Individual and Systemic Perspectives (Take as close to the beginning of program as possible)	3
HDCN 6316: Family Therapy I: Intergenerational Theories and Treatment	3
HDCN 6304: Counseling Diverse Communities	3
HDCN 6303: Counseling Methods: Group	3
HDCN 6330: Psychopathology: Adult	3
HDCN 6349: Research Design and Statistics (prerequisite for 6340 Assessment; Students are recommended to take 6349 in their first year of enrollment)	3
HDCN 6340: Assessment	3
HDCN 6318 Ethics I and Professional Orientation (pre-requisite for 6319 Ethics II)	3
HDCN 6319 Ethics II and Mental Health (take as close to Practicum as possible)	3
HDCN 6305: Advanced Clinical Methods for Individuals, Couples, and Families (Pre-Practicum; Take as close to Practicum as possible)	3
<b>MINIMUM CREDIT HOURS REQUIRED BEFORE ENTRY INTO CLINICAL SEQUENCE</b>	<b>36</b>
<b>ADDITIONAL CORE REQUIREMENTS:</b> May be taken concurrently with Practicum, Internship I, or Internship II	
HDCN 6331: Psychopathology: Child/Adolescent	3
HDCN 6321: Lifestyle & Career Development	3
HDCN 6352: Psychology of Addictions	3
<b>TOTAL CORE CREDIT HOURS</b>	<b>45</b>
<b>REQUIRED SPECIALTY COURSEWORK AND FOR LMFT LICENSURE (3 COURSES = 9 CREDIT HOURS)</b> Choose 3 of the following in addition to the HDCN 6316 Family Therapy I course required for all students May be taken concurrently with Practicum, Internship I, or Internship II	
HDCN 6317: Family Therapy II: Contemporary Theories and Treatment	3
HDCN 6311: Couples Therapy: Theories and Treatment	3
HDCN 6314: Sexual Counseling/Therapy; or HDCN 6326 Advanced Sexuality	3

## CLINICAL SEQUENCE: PRACTICUM, INTERNSHIP I & INTERNSHIP II (3 COURSES = 9 CREDIT HOURS)

Students must complete a **minimum of 36 credit hours of the required core classes listed above before starting the Clinical Sequence**. In addition, students must pass the MOCCe Exam and complete other requirements prior to the start of Practicum. Please refer to the Counseling Program Student Handbook for additional details.

HDCN 6395: Supervised Clinical Practicum	3
HDCN 6398: Internship I	3
HDCN 6399: Internship II	3
<b>TOTAL CREDIT HOURS</b>	<b>63</b>

### Combining Additional Coursework with Practicum & Internship

*(Also see Examples below this table)\**

Students should plan ahead regarding the possible need to take additional credit hours concurrent with Practicum and/or Internship. Students who rely on financial aid (which requires a minimum of 6 credit hours/semester) or who need to maintain full-time enrollment (minimum of 9 credit hours/semester) should plan to take electives and/or additional core requirement courses (listed above) concurrent with the Clinical Sequence. Depending on the course load a student intends to take during the Clinical Sequence, students must complete between 36 (minimum) to 54 hours prior to entry into Practicum. Courses taken concurrently with the Clinical Sequence may include electives and/or the following three required courses: Child Psychopathology, Lifestyle & Career, and Psychology of Addictions. **All students must complete the 36 credit-hour pre-clinical required coursework prior to entry into the Clinical Sequence.**

\*\*Students should also be aware of certain electives that may qualify them to work with populations of interest during Practicum (e.g., child/play/activity) and take those electives *prior to entry* into Practicum. All students who have taken the Family Therapy I course or the Family Therapy requirement prior to 2018 will be eligible to work with couples and families in Practicum. Also see "Pre-Practicum Elective Considerations" below.

Students must complete a minimum of 300 clinical hours in practicum/internship. Details regarding clinical hour requirements are available in the Counseling Program Student Handbook and the Clinical Experience Handbook.

### \*EXAMPLES: COMBINING ACADEMIC COURSES WITH THE CLINICAL SEQUENCE

All students must complete a **minimum of 36 credit hours (required pre-clinical core coursework)** prior to beginning the clinical sequence. Some students should plan on completing **more** than the 36 core credit hours prior to the clinical sequence, as shown in the examples below:

**Example 1:** Students **may** begin the clinical sequence with the minimum of **36 credit hours** ONLY if they plan to be enrolled **full-time** during the clinical sequence (9 credit hours per semester):

- ▶ Practicum + two more courses
- ▶ Internship I + two more courses
- ▶ Internship II + two more courses

**Example 2:** Students should complete **45 credit hours** prior to beginning the clinical sequence if they plan to be enrolled part-time (6 credit hours per semester) during the clinical sequence:

- ▶ Practicum + one additional course
- ▶ Internship I + one additional course
- ▶ Internship II + one additional course

**Example 3:** Students who **only** enroll in their clinical sequence courses (3 credit hours per semester) should complete **54 credit hours** (all core and electives) prior to the beginning of the clinical sequence:

- ▶ Practicum only
- ▶ Internship I only
- ▶ Internship II only

**Note that Students enrolling in only 3 credit hours per semester will not qualify for financial aid.**

**\*\*PRE-PRACTICUM ELECTIVE CONSIDERATIONS:**

**Please Note:** Courses designated as “required” must be completed in full before students will be permitted to work with the corresponding populations during practicum. Courses designated as “also acceptable” may be *substituted* for the stated required course. Courses designated as “recommended” are suggested *in addition to* the stated required course.

<b>POPULATION</b>	<b>COURSES</b>
<b>Children ages 2 – 6</b> (indiv. play)	<b>Required:</b> HDCN 6343 – Child Counseling: Play Therapy
<b>Children ages 7 – 9</b> (indiv. play)	<b>Required:</b> HDCN 6343 – Child Counseling: Play Therapy <b>Recommended:</b> HDCN 6323 - Adolescent Counseling
<b>Pre-Adolescents ages 10 – 12</b> (indiv.)	<b>Required:</b> HDCN 6323 - Adolescent Counseling <b>Also acceptable:</b> HDCN 6327 - Family Play Therapy
<b>Adolescents ages 13 – 17</b> (indiv./group)	<b>Required:</b> HDCN 6323 - Adolescent Counseling <b>Also acceptable:</b> HDCN 6316 - Family Therapy I + HDCN 6344 Expressive Art: Therapeutic & Creative Processes
<b>Couples</b>	<b>Required:</b> HDCN 6316 - Family Therapy I <b>Recommended:</b> HDCN 6311 - Couples Counseling
<b>Families with Children ages 2 - 7</b>	<b>Required:</b> HDCN 6316 - Family Therapy I + HDCN 6327 - Family Play Therapy <b>Also acceptable:</b> HDCN 6316 Family Therapy I + HDCN 6343 – Child Counseling: Play Therapy
<b>Families with Children ages 8 - 18</b>	<b>Required:</b> HDCN 6316 - Family Therapy I <b>Recommended:</b> HDCN 6327 - Family Play Therapy or HDCN 6323 - Adolescent Counseling
<b>Group Parent Training and CPRT</b>	<b>Required:</b> HDCN 6316 - Family Therapy I + Parenting Training in the Clinic <b>Also acceptable:</b> HDCN 6325 - Therapeutic Parenting
<b>One-to-One Parent Training</b>	<b>Required:</b> HDCN 6316 - Family Therapy I + Parenting Training in the Clinic <b>Also acceptable:</b> HDCN 6325 - Therapeutic Parenting

## Master of Science in Counseling, Marriage, Couple and Family Specialty

### Degree Timeline

Students typically complete the Counseling degree in 3 calendar years. During the first semester students must take specified required coursework (6 hours). Students are not required to take other courses in a prescribed order, however, certain core requirements must be completed prior to the clinical sequence. A few courses within the program are sequenced.

#### \*Required first term courses

\*\*1<sup>st</sup> course in a sequence of two courses

\*\*\* Clinical sequence

### Template Degree Timeline – MS in Counseling, MCF Example

		Required Courses	Electives	Other Requirements and Milestones
<b>Year 1</b>	Fall (9 hours)	<ul style="list-style-type: none"> <li>• *HDCN 6320 (Life Span)</li> <li>• *HDCN 6302 (Basic)</li> <li>• **HDCN 6313 (FT 1)</li> </ul>		<ul style="list-style-type: none"> <li>• Complete developmental counseling sessions</li> </ul>
	Spring (9 hours)	<ul style="list-style-type: none"> <li>• HDCN 6302 (Theories)</li> <li>• **HDCN 6318 (Ethics 1)</li> </ul>	<ul style="list-style-type: none"> <li>• HDCN 6317 (FT 2)</li> </ul>	
	Summer (3 hours)	<ul style="list-style-type: none"> <li>• HDCN 6304 (Diversity)</li> </ul>		
<b>Year 2</b>	Fall (9 hours)	<ul style="list-style-type: none"> <li>• **HDCN 6349 (Research)</li> <li>• HDCN 6303 (Group)</li> </ul>	<ul style="list-style-type: none"> <li>• HDCN 6311 (Couples)</li> </ul>	
	Spring (9 hours)	<ul style="list-style-type: none"> <li>• HDCN 6340 (Assessment)</li> <li>• HDCN 6319 (Ethics 2)</li> <li>• HDCN 6330 (Adult Psychopathology)</li> </ul>		
	Summer (3 hour)	<ul style="list-style-type: none"> <li>• HDCN 6305 (Advanced)</li> </ul>	<ul style="list-style-type: none"> <li>• HDCN 6314 (Sex Counseling)</li> </ul>	<ul style="list-style-type: none"> <li>• Apply for Practicum</li> </ul>

<b>Year 3</b>	Fall (6 hours)	<ul style="list-style-type: none"> <li>• ***HDCN 6395 (Practicum)</li> <li>• HDCN 6331 (Ch Psychopathology)</li> </ul>		
	Spring (6 hours)	<ul style="list-style-type: none"> <li>•*** HDCN 6398 (Intern 1)</li> <li>• HDCN 6321 (Career)</li> </ul>		
	Summer	<ul style="list-style-type: none"> <li>• ***HDCN 6399 (Intern 2)</li> <li>• HDCN 6352 (Addiction)</li> </ul>		